

How do I Access Respite?

Families who may benefit from this program may refer themselves or be referred by community members and organizations (doctors, nurses, social workers, prevention and health promotion workers, occupational therapists, etc.). The program coordinator can be contacted using the information listed below.

Respite Program Contact Information

Program Coordinator

321B Old Airport Road
Yellowknife, NT
X1A 3T3

Toll Free: 1-888-873-8231
Office Phone: 867-873-8230
Fax: 867-873-4124
Email: respite@nwtability.ca
Website: www.nwtability.ca

If you would like to become a Council member, participate in a committee, take part in our community events, or access our services, please visit or contact us at:

NWT Disabilities Council
321B Old Airport Road
Yellowknife, NT
X1A 3T3

Toll Free: 1-800-491-8885

Phone: 867-873-8230

Fax: 867-873-4124

Email: respite@nwtability.ca

Website: www.nwtability.ca

Hours of Operation:

Monday - Friday: 9 am - 5 pm



NWT Disabilities Council



Respite Program for Local Communities

1-888-873-8231

What is Respite?

Funded by the GNWT Department of Health and Social Services, the Respite Program for Local Communities provides social respite service to families outside of Yellowknife who have children with special needs.

The program hires and trains local community members as Respite Workers to provide planned in-home or in-community relief for primary care-givers, families, and the children and youth with disabilities that they care for.

The goal of a respite service is to provide safe, individualized, and flexible respite support to families and primary caregivers. It offers young people with disabilities more opportunities for inclusion in their community while respecting cultural values.



Where Does the Program Take Place?

Currently the program is active in Deline, Ft. Smith and Aklavik with expansion into additional communities anticipated for the future.



Adapted with the permission of Natural Resources Canada 2010, courtesy of the Atlas of Canada.

Who Will Provide Respite?

Community based Respite Workers are recruited and trained by the NWT Disabilities Council. The Respite Worker is then matched to a family and can begin offering respite support both in the client's home and community.

All Respite Workers must complete 6 training modules, and are required to have the following:

- Satisfactory Criminal Record Check
- Current First Aid/CPR Certification
- \$1,000,000.00 liability insurance if using their own vehicle as transportation

Who is Eligible?

In order to receive Respite Service support, the care recipient must:

- Be living in the same home with their family or legal guardian.
- Have a disability that requires on-going support that is associated with a permanent injury or condition. This may include physical, mental, cognitive, or sensory impairments that present challenges for the activities of daily living but don't require specialized medical respite support of a health care professional.
- Be between the ages of birth to 18 years of age.

